We are Creative

Mission: The Thoughtful Chef
Could you plan a meal that considers more than just what you enjoy eating? Design a meal for two or more people, taking into account preferences, available ingredients, nutrition, affordability and food waste.

Where safe and practical, help prepare it. Think about any changes you would make next time.

Share: Your menu or recipe, the choices you made and how you considered other people's needs.

Adaptation: Use a school-provided selection of ingredients and illustrated prices to plan a simple meal. Preparing food is optional.

The Big Question:
When planning a meal for others, whose needs should matter most, and how do we decide?

We are Curious

Mission: Mission: The Truth Detective
We see hundreds of messages every day, but how do we decide what to believe?

Find an age-appropriate advertisement or claim about a product, food or lifestyle choice, using an example provided by school if preferred.
Investigate what the message wants you to believe. Is it presenting facts, opinions or persuasive claims? How could you check whether it is trustworthy?
Try comparing it with another reliable source.

Share: The claim you investigated, what you discovered and whether your opinion changed.

Adaptation: Compare two short, school-provided information cards. Identify a fact, an opinion and something you would need to check.

The Big Question:
If thousands of people believe or share something, does that make it true?

We take Responsibility

Mission: he Community Changemaker
Can one small action make a meaningful difference to a community?
Identify something in your home, school or local environment that could be improved.

Ask the people affected what would actually help. With appropriate permission and support, plan and carry out a small, safe action.
This might involve improving a shared space, helping to organise a resource or supporting a school initiative.

Share: What you noticed, who you listened to, the action you took and whether it made a difference.

Adaptation: Choose from two school-identified improvements and contribute to one with a small group or adult support.

The Big Question:
Can we truly help a community if we haven't listened to what its people need?

We Rise to a Challenge

Mission: The Plan B Mission!
Have you ever made a plan that didn't quite work out?
Choose something useful or enjoyable that you would like to organise or achieve. It could be arranging a games afternoon, organising a shared space, learning a practical craft or planning an activity.
Think about what you will need, the steps you must take and what might go wrong. Now put your plan into action! If something doesn't work as expected, can you find another solution?

Share: Explain what you planned, what challenges you encountered, how you adapted and what you learned.

Adaptation: Choose a manageable practical task using a three-step picture planner. Complete it with support and identify one thing you could do differently. A school-based alternative will be available.

The Big Question:
When things don't go to plan, how do we decide whether to persevere, change our approach or ask for help?